



Bacchus Marsh
Grammar

Outdoor and Environmental Studies Coastal Expedition Planning Form

Personal clothing	Packed	Personal equipment	Packed
Bathers		Hat	
Beach towel		Sunscreen	
Rain jacket		Toiletries – toothbrush, soap etc.	
Jumper or Fleece		Plastic/garbage bags	
Tracksuit pants		Toilet paper	
T-shirts		Mug/plate/bowl	
Underwear		Knife, spoon and fork	
Socks		Water bottles (2 litres)	
Pyjamas		Torch	
Thongs/slides (for bathroom)		Sunglasses	
Sturdy walking shoes/runners		Towel	
		Money	
		Pens	

Personal camping equipment	Packed	Personal First Aid	Packed
Day pack		Face masks x 4	
Duffel bag/overnight bag		Hand sanitiser	
Sleeping bag		Band aids	
Pillow		Sunscreen	
Sleeping bag liner/inner sheet		Personal Medication	

Student Food Requirements

Food planner	Wednesday	Thursday	Friday
Breakfast	At home	Student planned and to provide	Student planned and to provide
Lunch	Student planned and to provide	Student planned and to provide	Purchase (approx. \$20) OR Student planned and to provide
Dinner	Provide and Cook on Trangia or BBQ	Provide and Cook on Trangia or BBQ	At home
Snacks		Ice cream (approx. \$10)	

BMG Supplied Equipment

The school will provide the following equipment: tent, sleeping mat, Trangia stove with fuel, expedition booklet and First Aid Kit.