

YEAR 7 Recreation Camp
Clothing & Equipment List

Quantity	Items Required	Check List
CLOTHING		
1	Waterproof Jacket	
1	Hat	
1	Thermals (top & bottom)	
2	Jumpers	
2 pair	Shorts (no short length shorts or denim shorts)	
2 pairs	Tracksuit pants or Cargo pants (no skirts or denim jeans)	
3	T-Shirts, combination of short and long sleeved (no singlet tops)	
4 pairs	Socks	
4 pairs	Underwear	
2 pairs	Runners two pairs just in case one pair gets wet (No skate shoes or slip on canvas shoes)	
1	Rubber thongs to wear when showering only	
1	Gloves	
1	Beanie	
1	Pyjamas	
PERSONAL EQUIPMENT		
	Toiletries – toothbrush, soap etc.	
3	Garbage Bags/plastic bags	
1	Bowl, plate, mug, spoon and fork (no knives) *knives will be supplied by camp	
1	Tea towel	
2	Full Water Bottles (At least 2 litre capacity in total)	
1	Towel	
CAMPING EQUIPMENT		
1	Backpack (must have two shoulder straps – no handbags)	
1	Large Overnight bag/Duffel bag (no wheels please)	
1	Sleeping Bag (Must have high warmth rating)	
1	Pillow	
1	Torch (with spare batteries)	
PERSONAL FIRST AID		
	Sunscreen, insect repellent, antiseptic cream	
	Band Aids	
	Personal Medication – may include asthma puffer, Epi pen etc.	
FOOD		
1	1 x Lunch 1 x Snack 1 x Dinner for Bush Camp night (cook on camp Trangia stove) (Day 1) All other meals will be supplied	
DO NOT BRING	iPods, electronic games, hairdryers or valuables. E.g., valuable jewellery, watches etc. MOBILE PHONES ARE NOT ALLOWED ON CAMP	

SUPPLIED EQUIPMENT

The following equipment will be provided to use during your camp; tent, self inflating mat, Trangia stove with fuel and first aid kits.